

The Little Book of Secrets: Gentle Wisdom for Joyful Living (The Little Book Series)

By Chris Prentiss



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The Little Book of Secrets: Gentle Wisdom for Joyful Living is a marvelous collection of timeless secrets distilled from the writings of the world's great sages. Each secret reveals a principle that has stood the test of centuries. To each of the 81 sayings in this delightful little book, the author has added his enlightened comments to help readers apply the simple and practical wisdom to contemporary life.

The author spent forty years searching the world for the secrets that have brought people true success, prosperity and soul-drenching happiness. His search took him to many lands and he studied the world's most ancient writings. This profound collection of secrets is the result of his quest. A beautifully designed book small enough to fit into every backpack, pocketbook and briefcase, it will become a well-loved friend and trusted companion as you travel through the twists and turns of life's journey. A meaningful gift for any occasion.



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Editorial Review

Review

"Filled with positive witticisms for meditation and upward striving. The book is a perfect blending of East and West philosophy. . . . If you want to spread the joy within you during the holiday seasons, then Chris Prentiss is the one to show you the way. You can't go wrong with *The Little Book of Secrets.*" -- ReverseSpins.com

About the Author

Chris Prentiss is the cofounder and codirector of the world-famous Passages Addiction
Cure Center in Malibu, California. He is also the author of the popular *Zen and the Art of Happiness, The Alcoholism and Addiction Cure: A Holistic Approach to Total Recovery,* and *Be Who You Want, Have What You Want.* He has written a dozen books on Chinese philosophy and personal growth . Prentiss has also led personal empowerment workshops in Southern California and has written, produced, and directed a feature film. He resides in Malibu, California.

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