



98.6 Degrees (NONE)

By Cody Lundin



98.6 Degrees (NONE) By Cody Lundin

"If you breathe and have a pulse, you NEED this book."

-Cody Lundin

Cody Lundin, director of the Aboriginal Living Skills School in Prescott, Arizona, shares his own brand of wilderness wisdom in this highly anticipated new book on commonsense, modern survival skills for the backcountry, the backyard, or the highway. It is the ultimate book on how to stay alive-based on the principal of keeping the body's core temperature at a lively 98.6 degrees. In his entertaining and informative style, Cody stresses that a human can live without food for weeks, and without water for about three days or so. But if the body's core temperature dips much below or above the 98.6 degree mark, a person can literally die within hours. It is a concept that many don't take seriously or even consider, but knowing what to do to maintain a safe core temperature when lost in a blizzard or in the desert could save your life. Lundin delivers the message with wit, rebellious humor, and plenty of backcountry expertise.

Cody Lundin and his Aboriginal Living Skills School have been featured in dozens of national and international media sources, including Dateline NBC, CBS News, USA Today, The Donny and Marie Show, and CBC Radio One in Canada, as well as on the cover of Backpacker magazine. When not teaching for his own school, he is an adjunct faculty member at Yavapai College and a faculty member at the Ecosa Institute. Cody is the only person in Arizona licensed to catch fish with his hands, and lives in a passive solar earth home sixty miles from Prescott, Arizona.

 [Download 98.6 Degrees \(NONE\) ...pdf](#)

 [Read Online 98.6 Degrees \(NONE\) ...pdf](#)

98.6 Degrees (NONE)

By Cody Lundin

98.6 Degrees (NONE) By Cody Lundin

"If you breathe and have a pulse, you NEED this book."

-Cody Lundin

Cody Lundin, director of the Aboriginal Living Skills School in Prescott, Arizona, shares his own brand of wilderness wisdom in this highly anticipated new book on commonsense, modern survival skills for the backcountry, the backyard, or the highway. It is the ultimate book on how to stay alive-based on the principal of keeping the body's core temperature at a lively 98.6 degrees. In his entertaining and informative style, Cody stresses that a human can live without food for weeks, and without water for about three days or so. But if the body's core temperature dips much below or above the 98.6 degree mark, a person can literally die within hours. It is a concept that many don't take seriously or even consider, but knowing what to do to maintain a safe core temperature when lost in a blizzard or in the desert could save your life. Lundin delivers the message with wit, rebellious humor, and plenty of backcountry expertise.

Cody Lundin and his Aboriginal Living Skills School have been featured in dozens of national and international media sources, including Dateline NBC, CBS News, USA Today, The Donny and Marie Show, and CBC Radio One in Canada, as well as on the cover of Backpacker magazine. When not teaching for his own school, he is an adjunct faculty member at Yavapai College and a faculty member at the Ecosa Institute. Cody is the only person in Arizona licensed to catch fish with his hands, and lives in a passive solar earth home sixty miles from Prescott, Arizona.

98.6 Degrees (NONE) By Cody Lundin Bibliography

- Sales Rank: #814739 in eBooks
- Published on: 2003-06-23
- Released on: 2003-06-23
- Format: Kindle eBook

 [Download 98.6 Degrees \(NONE\) ...pdf](#)

 [Read Online 98.6 Degrees \(NONE\) ...pdf](#)

Download and Read Free Online 98.6 Degrees (NONE) By Cody Lundin

Editorial Review

Review

This outrageously straightforward survival book teaches you what you need to know, now, to live through virtually every survival scenario. (*Los Angeles Daily News* 20030814)

From the Inside Flap

A destined underground classic, *98.6: The Art of Keeping Your Ass Alive* is a nonstop thrill ride, jam-packed with commonsense modern survival skills for the backcountry, the backyard, or the highway. Author Cody Lundin, founder and director of the nationally recognized Aboriginal Living Skills School, shares his own brand of wilderness wisdom based on the unique principle of keeping the body's core temperature at a lively 98.6 degrees.

In his no-nonsense and informative style-paired with outrageously hip visuals-Cody stresses that a human can live without food for weeks, and without water for several days. But if the body's core temperature dips much below or above the 98.6-degree mark, a person can literally die within hours. It is a concept that many don't take seriously or even consider, but knowing what to do to maintain a safe core temperature when visiting the great outdoors could save your life.

Delivered with wit, rebellious humor, and plenty of backcountry expertise, *98.6: The Art of Keeping Your Ass Alive* is destined to not only entertain but to empower the reader with practical advice, information, and detailed instructions of how to create an effective modern-day survival kit using simple, easy-to-find items.

Buy a copy for yourself-and for your grandmother!

From the Back Cover

"If you breathe and have a pulse, you NEED this book."

Cody Lundin

Users Review

From reader reviews:

Renee Oneal:

Do you really one of the book lovers? If yes, do you ever feeling doubt when you find yourself in the book store? Aim to pick one book that you never know the inside because don't ascertain book by its handle may doesn't work here is difficult job because you are scared that the inside maybe not since fantastic as in the outside appearance likes. Maybe you answer could be *98.6 Degrees (NONE)* why because the excellent cover that make you consider concerning the content will not disappoint a person. The inside or content is usually fantastic as the outside or cover. Your reading sixth sense will directly assist you to pick up this book.

Juan Turgeon:

The book untitled 98.6 Degrees (NONE) contain a lot of information on it. The writer explains your girlfriend idea with easy technique. The language is very simple to implement all the people, so do not necessarily worry, you can easy to read the item. The book was published by famous author. The author will bring you in the new period of time of literary works. You can easily read this book because you can please read on your smart phone, or gadget, so you can read the book throughout anywhere and anytime. If you want to buy the e-book, you can wide open their official web-site along with order it. Have a nice study.

John McGinnis:

It is possible to spend your free time to read this book this publication. This 98.6 Degrees (NONE) is simple to deliver you can read it in the area, in the beach, train along with soon. If you did not get much space to bring the actual printed book, you can buy the particular e-book. It is make you simpler to read it. You can save the particular book in your smart phone. Consequently there are a lot of benefits that you will get when you buy this book.

Marion Driskell:

Reading a book make you to get more knowledge from it. You can take knowledge and information from your book. Book is created or printed or outlined from each source that will filled update of news. On this modern era like currently, many ways to get information are available for an individual. From media social including newspaper, magazines, science publication, encyclopedia, reference book, novel and comic. You can add your knowledge by that book. Are you ready to spend your spare time to spread out your book? Or just looking for the 98.6 Degrees (NONE) when you essential it?

**Download and Read Online 98.6 Degrees (NONE) By Cody Lundin
#SLRBY9QF3KC**

Read 98.6 Degrees (NONE) By Cody Lundin for online ebook

98.6 Degrees (NONE) By Cody Lundin Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read 98.6 Degrees (NONE) By Cody Lundin books to read online.

Online 98.6 Degrees (NONE) By Cody Lundin ebook PDF download

98.6 Degrees (NONE) By Cody Lundin Doc

98.6 Degrees (NONE) By Cody Lundin Mobipocket

98.6 Degrees (NONE) By Cody Lundin EPub

SLRBY9QF3KC: 98.6 Degrees (NONE) By Cody Lundin