



# The NaPro Technology Revolution: Unleashing the Power in a Woman's Cycle

By Thomas W. Hilgers

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## The NaPro Technology Revolution: Unleashing the Power in a Woman's Cycle By Thomas W. Hilgers

Dr. Thomas W. Hilgers draws on decades of medical experience to provide educational and revolutionary insights into the world of women's health. The NaPro Technology Revolution provides real solutions to real problems such as infertility, repetitive miscarriage, menstrual cramps, postpartum depression, PMS, prematurity prevention, ovarian cysts, hormonal abnormalities, irregular/abnormal bleeding, chronic discharges, polycystic ovarian disease, and family planning. Hilgers sheds light on abnormal ovarian function, an issue that millions of women unknowingly suffer from. His methods have proven to assist infertile couples nearly three times more successfully than those who use In Vitro Fertilization, without the dangers of early abortions, frozen embryos, or high rates of multiple pregnancy. The NaProTechnology Prematurity Prevention Program cuts the rate from the national 12.7% to 7%. The NaPro Technology Revolution discusses what every woman has a right to know about her body, her health, and her future!

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#### **About the Author**

Dr. Hilgers is the director of the Pope Paul VI Institute for the Study of Human Reproduction and the senior medical consultant in obstetrics, gynecology, and reproductive medicine and surgery. Dr. Hilgers is a clinical professor at Creighton University School of Medicine. He co-developed the Creighton Model FertilityCareT System and recently created the new women's health science of NaProTechnology.

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