



Mr. Worry: A Story about OCD

By Holly L. Niner

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Kevin can't get to sleep at night until he does many things. He checks under his bed for a light he knows isn't there, and then, a minute later, he checks again. Kevin wants to stop, but the worry thoughts keep coming.

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Mr. Worry: A Story about OCD By Holly L. Niner Bibliography

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Editorial Review

From School Library Journal

Kindergarten-Grade 4-Soft, soothing artwork accompanies a quiet story about a young boy trying to overcome the terrors of obsessive-compulsive disorder (OCD) in his daily life. All of the people in young Kevin's life join forces to help him manage his problem, which he names Mr. Worry. The use of simple language and straightforward information clarifies the situation, and readers are soon cheering for the boy's success. The artistic portrayals of Kevin's thoughts add whimsy and interest to the story. Although the author includes a few setbacks, Kevin makes good progress, providing hope for the future. This title fills a singular need in the area of psychology.-*Erlene Bishop Killeen, Fox Prairie Elementary School, Stoughton, WI*
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From [Booklist](#)

Gr. 2-4. Kevin does a lot before he goes to sleep: line things up neatly, push in the desk chair, ask his mom the same questions over and over. If he doesn't do those things "his mind gets sweaty," and he is afraid to tell his parents. What if his mom's an alien? (The picture of Kevin and Mom both riding bikes, in which she turns blue with pointy ears, is actually quite funny.) Kevin's parents take him to see a doctor who talks to people all day about their worries. Dr. Fraser teaches Kevin techniques on how to "hang up" on worry messages as if they were wrong numbers, and she gives him medication. Soon Kevin, who has named his OCD Mr. Worry, is managing his fears better. The airbrushed illustrations, which tend toward realism, have a certain blandness, but there's humor in them as well. This picture book for older readers is useful bibliotherapy that will no doubt comfort many kids. *GraceAnne DeCandido*
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Review

"The artistic portrayals of Kevin's thoughts add whimsy and interest to the story."

School Library Journal

Users Review

From reader reviews:

Kevin Serna:

Book will be written, printed, or highlighted for everything. You can realize everything you want by a publication. Book has a different type. We all know that that book is important point to bring us around the world. Adjacent to that you can your reading ability was fluently. A guide Mr. Worry: A Story about OCD will make you to become smarter. You can feel a lot more confidence if you can know about everything. But some of you think in which open or reading a new book make you bored. It is not necessarily make you fun. Why they may be thought like that? Have you looking for best book or acceptable book with you?

James Jones:

What do you think about book? It is just for students because they're still students or it for all people in the world, what best subject for that? Just you can be answered for that issue above. Every person has several

personality and hobby for every other. Don't to be pushed someone or something that they don't wish do that. You must know how great and important the book Mr. Worry: A Story about OCD. All type of book are you able to see on many solutions. You can look for the internet options or other social media.

Charles Melendez:

What do you concerning book? It is not important together with you? Or just adding material when you want something to explain what your own problem? How about your extra time? Or are you busy man or woman? If you don't have spare time to perform others business, it is gives you the sense of being bored faster. And you have spare time? What did you do? All people has many questions above. They have to answer that question mainly because just their can do this. It said that about e-book. Book is familiar in each person. Yes, it is correct. Because start from on guardería until university need that Mr. Worry: A Story about OCD to read.

Ashley Robinette:

Is it you actually who having spare time then spend it whole day by means of watching television programs or just laying on the bed? Do you need something new? This Mr. Worry: A Story about OCD can be the response, oh how comes? It's a book you know. You are consequently out of date, spending your time by reading in this completely new era is common not a nerd activity. So what these publications have than the others?

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