



# Hydroponics for the Home Grower

By Howard M. Resh

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## Hydroponics for the Home Grower By Howard M. Resh

Hydroponics offers many advantages to traditional soil-based horticulture. These include greater control over many of the limiting factors, such as light, temperature, and pests, as well as the ability to grow plants in all seasons. With instruction from one of the top recognized authorities worldwide, **Hydroponics for the Home Grower** gives you step-by-step guidance on how to grow tomatoes, peppers, cucumbers, eggplant, lettuce, arugula, bok choy, and various herbs year-round within your home or in a backyard greenhouse.

## Read an Interview with Dr. Resh here

With Dr. Howard Resh's help, you'll learn:

- Background information on how hydroponics evolved
- The nutritional and environmental demands of plants and how to control these factors
- How to provide formulations of nutrients optimal to the plants you wish to grow
- The many different hydroponic systems you can purchase or build for yourself
- Designs for different types of greenhouses with components to fit your personal taste and budget
- Crop selection and step-by-step procedures, including seeding, transplanting, training, pest and disease control, and harvesting—along with when to plant and when to change crops
- How you can grow microgreens on your kitchen counter

The book includes an appendix with sources of seeds and other supplies, along with helpful websites and lists of books, articles, and conferences on growing hydroponically and caring for your crops. By following the guidelines in this book, you'll understand everything you need to know to get your home-growing operation up and running in no time.

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## **Hydroponics for the Home Grower** By Howard M. Resh Bibliography

- Sales Rank: #254171 in eBooks
- Published on: 2015-02-09
- Released on: 2015-02-09

- Format: Kindle eBook

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### Editorial Review

#### Review

"By following the guidelines in **Hydroponics for the Home Grower**, you'll understand everything you need to know to get your home-growing operation up and running in no time."

?Paul T. Vogel, *California Bookwatch*

#### About the Author

Howard M. Resh has a doctorate degree in horticulture and is a recognized authority worldwide on hydroponics. He has written five books on hydroponic culture for both commercial and hobby growers and his website ([www.howardresh.com](http://www.howardresh.com)) presents information on hydroponic cultures of various vegetable crops. Dr. Resh is the hydroponic greenhouse farm manager for the first hydroponic farm associated with a high-end resort?CuisinArt Golf Resort and Spa in Anguilla, British West Indies. He is a consultant for many unique hydroponic greenhouse operations, including Lufa Farms in Montreal, Canada.

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