



Mayan Cuisine: Recipes from the Yucatan Region

By Daniel Hoyer

Download now

Read Online 

Mayan Cuisine: Recipes from the Yucatan Region By Daniel Hoyer

In his signature style, Daniel Hoyer brings us the authentic recipes of the Mayan Cuisine: Recipes from the Yucatan Region, along with his personal experiences that make the historical and cultural background of this people accessible and enjoyable. Having been influenced for centuries by the Spanish, other European countries, Africa, the Middle East, Asia, and even the Caribbean, Mayan food is remarkably unique and distinct. Mayan Cooking offers recipes for Sweet Corn and Cilantro Cream Soups, Yucatan BBQ Shrimp, Smoked Pork Loin, Jicama-Orange Salad, and Chicken in Red Chile and Pumpkinseed Sauce, as well as an abundance of recipes for salsas, sauces, spice mixes, and marinades.

Recipes Include:

Bean-Filled Masa Fritters

Baked Chayote Squash Pudding

Mexican Lime Soup

Pit-Roasted Pork with Yucatan Spices

Yucatan BBQ Shrimp

Pumpkinseed Brittle

Author Bio: Daniel Hoyer is an experienced chef, restaurateur, and teacher. Daniel is the author of Culinary Mexico: Authentic Recipes and Traditions and Fiesta on the Grill. He resides in the Rio Grande Valley near Pilar, New Mexico, with his family.

 [Download Mayan Cuisine: Recipes from the Yucatan Region ...pdf](#)

 [Read Online Mayan Cuisine: Recipes from the Yucatan Region ...pdf](#)

Mayan Cuisine: Recipes from the Yucatan Region

By Daniel Hoyer

Mayan Cuisine: Recipes from the Yucatan Region By Daniel Hoyer

In his signature style, Daniel Hoyer brings us the authentic recipes of the Mayan Cuisine: Recipes from the Yucatan Region, along with his personal experiences that make the historical and cultural background of this people accessible and enjoyable. Having been influenced for centuries by the Spanish, other European countries, Africa, the Middle East, Asia, and even the Caribbean, Mayan food is remarkably unique and distinct. Mayan Cooking offers recipes for Sweet Corn and Cilantro Cream Soups, Yucatan BBQ Shrimp, Smoked Pork Loin, Jicama-Orange Salad, and Chicken in Red Chile and Pumpkinseed Sauce, as well as an abundance of recipes for salsas, sauces, spice mixes, and marinades.

Recipes Include:

Bean-Filled Masa Fritters

Baked Chayote Squash Pudding

Mexican Lime Soup

Pit-Roasted Pork with Yucatan Spices

Yucatan BBQ Shrimp

Pumpkinseed Brittle

Author Bio: Daniel Hoyer is an experienced chef, restaurateur, and teacher. Daniel is the author of *Culinary Mexico: Authentic Recipes and Traditions* and *Fiesta on the Grill*. He resides in the Rio Grande Valley near Pilar, New Mexico, with his family.

Mayan Cuisine: Recipes from the Yucatan Region By Daniel Hoyer Bibliography

- Sales Rank: #1231304 in Books
- Published on: 2008-03-10
- Original language: English
- Number of items: 1
- Dimensions: 8.50" h x 1.06" w x 10.00" l, 2.83 pounds
- Binding: Hardcover
- 240 pages

 [Download Mayan Cuisine: Recipes from the Yucatan Region ...pdf](#)

 [Read Online Mayan Cuisine: Recipes from the Yucatan Region ...pdf](#)

Editorial Review

From Publishers Weekly

In his latest, chef Hoyer (Culinary Mexico) offers a vibrant, thorough guide to Mayan cooking. Once cooks master the basic recado, a thick seasoning paste that serves as a key flavor component, they're ready to tackle dishes like Salpicón de Venado (a roast venison salad), polenta studded with wild mushrooms, classic Mexican Lime Soup and meaty dishes like Pavo en Chilimole (Turkey in Black Seasoning Paste) and the classic pit-roasted pork, Cochinita Pibil. Those looking for shortcuts will likely be frustrated, as Hoyer is a traditionalist who makes tortillas and masa from scratch for his tamales, including the elaborate Tamales de la Bola Colados, a traditional wedding dish in which shredded chicken is enveloped in a smooth, custard-like masa and steamed. That said, many less-complicated dishes are just as rewarding, including pumpkinseed dip and brittle, luscious Chayote Squash Pudding, Cuban roast pork and crunchy Xol-Chon Kek, a jicama and orange salad. Hoyer is encouraging and enthusiastic, offering salient tips for key techniques like working with tamale wrappers and charring tomatoes, as well as sources for hard-to-locate ingredients. Those interested in expanding their cultural and culinary horizons will find this collection both educational and all-inclusive.

Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.

Review

A food rich in flavor to begin with, but taking on the best traits of other traditions of cuisine -- Spanish, French, Asian, Caribbean, and so many more -- it's one way to describe the food of the Maya. "Mayan Cuisine: Recipes From the Yucatan Region" is a look at the delectable food of the Mayan people, with step-by-step guides and full color photos to help one emulate the authentic Mayan flavor in their own kitchen. With dishes like Meat and Rice-Stuffed Leaves, Tamale Pie, Yucatan Breakfast Sausages, and more, "Mayan Cuisine: Recipes From the Yucatan Region" is a must for any ethnic cookbook shelf or for anyone looking for a different taste to sink their teeth into.

(James A. Cox *Wisconsin Bookwatch: June 2008* 2008-06-16)

About the Author

Daniel Hoyer did a stint as a sous chef for Mark Miller's Coyote Cafe, which inspired his interest in Mexican and Latin American cooking. He has traveled extensively in Mexico, exploring the cooking as well as the history and culture of that colorful country. He is the author of *Mayan Cuisine*, *Culinary Vietnam*, *Fiesta on the Grill*, and *Tamales*. He lives in Santa Fe. Authentic recipes from the Northern Coast to the Yucatán Peninsula

Users Review

From reader reviews:

Roger Cooper:

Inside other case, little individuals like to read book *Mayan Cuisine: Recipes from the Yucatan Region*. You can choose the best book if you appreciate reading a book. So long as we know about how is important a new book *Mayan Cuisine: Recipes from the Yucatan Region*. You can add expertise and of course you can around the world with a book. Absolutely right, mainly because from book you can know everything! From your country right up until foreign or abroad you can be known. About simple factor until wonderful thing

you can know that. In this era, we can open a book or even searching by internet system. It is called e-book. You may use it when you feel bored to go to the library. Let's study.

William Lyons:

Playing with family in a very park, coming to see the coastal world or hanging out with close friends is thing that usually you will have done when you have spare time, then why you don't try matter that really opposite from that. One activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you are ride on and with addition details. Even you love Mayan Cuisine: Recipes from the Yucatan Region, you may enjoy both. It is fine combination right, you still desire to miss it? What kind of hangout type is it? Oh occur its mind hangout fellas. What? Still don't have it, oh come on its known as reading friends.

Sheila Davis:

The book untitled Mayan Cuisine: Recipes from the Yucatan Region contain a lot of information on it. The writer explains her idea with easy technique. The language is very straightforward all the people, so do certainly not worry, you can easy to read it. The book was published by famous author. The author provides you in the new period of literary works. You can actually read this book because you can keep reading your smart phone, or program, so you can read the book in anywhere and anytime. In a situation you wish to purchase the e-book, you can available their official web-site in addition to order it. Have a nice learn.

Tammy Schuler:

Reserve is one of source of expertise. We can add our expertise from it. Not only for students but also native or citizen have to have book to know the revise information of year for you to year. As we know those books have many advantages. Beside many of us add our knowledge, could also bring us to around the world. From the book Mayan Cuisine: Recipes from the Yucatan Region we can take more advantage. Don't you to definitely be creative people? To get creative person must choose to read a book. Only choose the best book that suitable with your aim. Don't be doubt to change your life at this time book Mayan Cuisine: Recipes from the Yucatan Region. You can more appealing than now.

Download and Read Online Mayan Cuisine: Recipes from the Yucatan Region By Daniel Hoyer #SM6GV3P1X28

Read Mayan Cuisine: Recipes from the Yucatan Region By Daniel Hoyer for online ebook

Mayan Cuisine: Recipes from the Yucatan Region By Daniel Hoyer Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Mayan Cuisine: Recipes from the Yucatan Region By Daniel Hoyer books to read online.

Online Mayan Cuisine: Recipes from the Yucatan Region By Daniel Hoyer ebook PDF download

Mayan Cuisine: Recipes from the Yucatan Region By Daniel Hoyer Doc

Mayan Cuisine: Recipes from the Yucatan Region By Daniel Hoyer Mobipocket

Mayan Cuisine: Recipes from the Yucatan Region By Daniel Hoyer EPub

SM6GV3P1X28: Mayan Cuisine: Recipes from the Yucatan Region By Daniel Hoyer