



Like a Tree: How Trees, Women, and Tree People Can Save the Planet

By Jean Shinoda Bolen

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Like a Tree: How Trees, Women, and Tree People Can Save the Planet By Jean Shinoda Bolen

Like a Tree grew out of bestselling author Jean Bolen's practice of walking among tall trees and mourning the loss of a Monterey pine that was cut down in her neighborhood.

The book will appeal most to people who realize that they are "tree people." It is poetic, educational, inspirational, spiritual, and down to earth, covering the subject of trees from anatomy and physiology to trees as archetypal and sacred symbols.

It is also a strong and positive call to ecological activism, with stories of the organizations and "tree people" who are trying to save our forests and the planet: Greenpeace's Kleercut campaign to save the Boreal Forest, Wangari Maathai's Greenbelt Movement, Julia Butterfly Hill's campaign to save a California Redwood. Bolen offers a unique vision based on metaphysics, psychology, mythology, and global gender politics. She writes eloquently about deforestation, global warming, and overpopulation, as well as the work of Amnesty International and the UN Commission on the Status of Women.

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Editorial Review

Review

"Read Jean Shinoda Bolen's *Like a Tree*, and you will never again see one without knowing it has a novel inside, it's supporting your life, and it's more spiritual than any church, temple or mosque. *Like a Tree* is the rare book that not only informs, but offers a larger consciousness of life itself." -**Gloria Steinem**

"I'll always remember the sadness I felt several years ago when I drove my little girl to her first day of the new school year, and saw that the huge tree that had always welcomed us as we entered the driveway in front of the school was gone. Upon inquiring about what happened, I was told that the tree had been removed to make way for a new sports field. I couldn't believe how sad I was, or how little my sadness seemed to be shared by other people at the school. It was then that I realized what a profound shift in worldview is necessary in order for us to save the planet. I applaud everyone--including the brilliant and glorious Jean Shinoda Bolen--for helping us make the shift. Bravo, Jean. You make us feel it." -**Marianne Williamson**

"In this book Jean Bolen expresses the essence of our deep connection to and inseparability from trees. Trees have stood by us humans always; it is the least we can do to protect and save and honor them now. Bolen's thoughts and suggestions for moving forward will, as always, help us see and feel how this might be done. This is a conversation with the Tree tribe not to be missed or dismissed." -**Alice Walker**

"We shouldn't simply be alarmed by what's happening to our forests, and our other fellow creatures. We should feel sick to our soul. And in this, as Jean Bolen says, women are taking the lead and showing, all over the world, that 'ordinary people' can make a difference--and that if they don't, nobody else will. Altogether, an excellent and timely book." -**Colin Tudge**, biologist and author of *The Tree: A Natural History of What Trees Are, How They Live, and Why They Matter*

About the Author

Jean Shinoda Bolen, M.D. is a psychiatrist, Jungian analyst in private practice, Clinical Professor of Psychiatry at the University of California San Francisco Medical Center, and an internationally known lecturer. She is the author of numerous books including *Goddesses in Everywoman*, *Urgent Message from Mother: Gather the Women and Save the World*, *Crones Don't Whine* and *The Millionth Circle*. Visit her at jeanbolen.com.

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Anthony Moss:

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