



## Wisdom: 365 Thoughts from Indian Masters (Offerings for Humanity)

By Danielle Föllmi, Olivier Föllmi

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**Wisdom: 365 Thoughts from Indian Masters (Offerings for Humanity)** By Danielle Föllmi, Olivier Föllmi

A work of humanity on a universal scale, a work of reconciliation between nature and culture, *Indian Wisdom* celebrates those who live in harmony with the forces of earth and sky, who aspire to nirvana—the highest level of heart-, body-, and mind-consciousness. This remarkable book by Danielle and Olivier Föllmi, authors of 15 previous books on Buddhism, presents the wise words of a great master, philosopher, or poet for every day of the year, accompanied by Olivier's beautiful, moving photographs of Indian people and places. The effect is transformative, awakening our senses and preparing our souls to receive these simple yet profound teachings.

Contemporary specialists on Indian culture have contributed to *Indian Wisdom*, which draws on such ancient yet timeless sources as poems by Rabindranath Tagore and Krishnamurti; the longest epic in world literature, the *Mahabharata*; and the most significant of the Hindu sacred writings, the *Vedas*. A treasure in both content and form, this inspirational book artfully conveys the essence of India. AUTHOR BIO: Danielle and Olivier Föllmi have written 15 books about Buddhism, including Abrams' *Buddhist Himalayas*. They are the official photographers of the Dalai Lama and recipients of the World Press award. The Föllmis divide their time between the Alps and the Himalayas.

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### **Editorial Review**

From Publishers Weekly

The official photographers of the Dalai Lama train their lenses on modern India and package nearly 400 images into a weighty volume of colorful spreads, one for each day of the year. Ranging from majestic landscapes to intimate portraits, each picture is displayed alongside musings from a venerated Indian thinker or poet whose words resonate with some image or mood conveyed in the photograph. A quote from Gandhi accompanies a snapshot of a female silhouette with hands pressed against a gigantic boulder: "Strength does not come from physical capacity. It comes from an indomitable will." Gandhi's aphorisms crop up repeatedly; other muses include Krishnamurti, Buddha and the Dalai Lama himself. Capturing a mosaic of scenes—from the bright and whimsical to the pensive and shadowy, and from tranquil nature scenes to bustling bazaars—the photographs depict the multi-faceted mystique of India, cradle of Eastern religion and font of spirituality. All in all, this is a lyrical expression of wisdom borne of and shaped by a culture's rich heritage.

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#### **About the Author**

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