



Take Hold of the Faith You Long For: Let Go, Move Forward, Live Bold

By Sharon Jaynes

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On the outside, many women are well-put-together Christians with trendy shoes, beautiful children, and wide, white smiles. On the inside, those same women are little girls cowering at the edge of the playground, hoping no one notices them, yet still wishing they could join in. They've professed faith and know the right things, but they struggle to truly take hold of the "life more abundant" that Jesus offers. Instead they settle for a life that's less than what God has promised them.

In this liberating book, Sharon Jaynes reveals the most common reasons women get stuck with a mediocre, mundane faith. Then she shows women how to break free and move forward, leaving behind the feelings of inferiority, inadequacy, and insecurity that are holding them hostage. She uncovers untapped sources of confidence and courage, equipping women to move from knowing the truth to actually believing it--and living it out boldly in a life marked by true freedom.

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Editorial Review

From the Back Cover

Let go of your insecurities. Take hold of God's promises.

On the outside, many of us are well-put-together churchgoers with trendy shoes, beautiful families, and wide, white smiles. On the inside, we're little girls hesitating at the edge of the playground, wishing we could join in but feeling something's not quite right. We don't know how to truly take hold of the "life to the full" that Jesus offers us. So we settle for a life that's . . . less.

But a mediocre, mundane faith is not your destiny! In this liberating and empowering book, Sharon Jaynes reveals the most common reasons we get stuck in our Christian faith. She shows you how to break free of all that holds you back, move forward with all that God promises, and live the adventurous faith of bold believing. She shows you how to leave behind feelings of inferiority, insecurity, and inadequacy that hold you hostage and take hold of the mountain-moving faith God intends. She uncovers untapped sources of confidence and courage, equipping you to move from simply knowing the truth to actually living it out boldly in a life marked by true freedom and expectancy.

"Get ready to have your world rocked in a way that will make you never want to go back to the way things were before."--**Holley Gerth**, *Wall Street Journal* bestselling author of *You're Already Amazing*

"*Take Hold of the Faith You Long For* is an absolute triumph. A must-read."--**Emily T. Wierenga**, founder of The Lulu Tree and author of *Atlas Girl* and *Making It Home*

"Sharon Jaynes shows us how to go from a sluggish faith to one that's truly alive. She offers hope, inspiration, and fresh perspective for faith-worn believers."--**Heidi St. John**, speaker, author, and creator of *The Busy Mom* blog

Sharon Jaynes has been encouraging and equipping women through ministry for over thirty years. She is cofounder of Girlfriends in God, Inc., former vice president of Proverbs 31 Ministries, and the bestselling author of twenty books. A frequent guest on radio and television programs, Sharon speaks at women's conferences and events all across the United States, Canada, Mexico, and South America. She makes her home in North Carolina with her husband, Steve. Learn more at www.sharonjaynes.com.

About the Author

Sharon Jaynes has been encouraging and equipping women through ministry for over thirty years. Former vice president of Proverbs 31 Ministries and cohost for their daily radio feature, she is the author of eighteen books. She has written articles and devotions for publications such as *Focus on the Family*, *E-women*, *Decision*, *P31 Woman*, *Just Between Us*, *Christian Financial Concepts*, *Crosswalk.com*, and *In Touch*. A frequent guest on radio and television programs such as *Revive Our Hearts* with Nancy Leigh DeMoss, *Family Life Today* with Dennis Rainey, and *Focus on the Family* with Jim Daly, Sharon speaks at women's conferences and events all across the US, Canada, Mexico, and South America. She makes her home in North Carolina, with her husband, Steve. Learn more at www.sharonjaynes.com.

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