



Perinatal Nutrition: Optimizing Infant Health & Development (Nutrition and Disease Prevention)

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Perinatal Nutrition describes the role of nutrition in newborn growth and development, the reduction of health risks, and the prevention of morbidity in the neonatal period and infancy. This important reference presents valuable nutritional strategies for the care of perinatal patients from preconception through infancy and after hospital release, and analyzes in-hospital and post discharge methods to promote infant growth. The book investigates the positive effects of calcium, protein, and other micronutrients on infant development as well as the mechanisms, function, and impact of a wide range of nutrients and provides recommendations for iron and vitamin intake based on maternal BMI.

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Editorial Review

Review

At a time when literature on the influence of intrauterine nutritional status is important to late postnatal health status, this text is very timely and recommended.

Pediatric Endocrinology Reviews, Vol. 3, No. 1, Sept. 2005

Users Review

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