

The Aging Cure: Reverse 10 years in one week with the FAT-MELTING CARB SWAP

By Jorge Cruise

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AGE MORE LESS	FAT-MELTING CARB SWAP™	AGE
Pom Wonderful Pomegranate Cherry 16-oz. bottle bottle Sugar = 58g		Activate Antioxidant Exotic Berry 16-oz. Sugar = 0g

For years, experts have told you that if you want to look and feel younger, you must resort to surgeries, creams, or expensive vitamins. Others have told you to simply give up. **They were WRONG.** The solution is a diet that avoids hidden sugar and is rich in antioxidants. This easy guide makes anti-aging effortless and affordable. It includes more than 300 options customized for carb lovers, chicken and seafood fans, meat lovers, vegans, and vegetarians. Get ready for a fresh start to your life!

Angie lost 92 lbs.

Amy lost 40 lbs.

Jorge lost 40 lbs.

The Aging Cure: Reverse 10 years in one week with the FAT-MELTING CARB SWAP By Jorge Cruise Bibliography

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Editorial Review

Review

“Jorge gets it right by eliminating excessive sugar and processed carbohydrates.”

— Andrew Weil, M.D.

About the Author

Jorge Cruise is internationally recognized as America’s number one easy-diet expert and the author of six consecutive *New York Times best-selling series*, with more than six million books in print in over 15 languages. He has appeared on numerous television shows, including *LIVE! with Kelly and Michaels*, *The Dr. Oz Show*, *The Rachael Ray Show*, the *Today* show, and *Good Morning America*.

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