



# From Asparagus to Zucchini: A Guide to Cooking Farm-Fresh Seasonal Produce

By Madison Area Community Supported Agriculture Coalition

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This informative and easy-to-use cookbook celebrates sustainable farming with a wide array of scrumptious recipes for seasonal, farm-fresh produce. From peas, peppers and potatoes to basil, bok choy, and burdock root, *From Asparagus to Zucchini* highlights the best of seasonal cuisine from around the country.

Revised and updated third edition features: 420 recipes, 80% new, 100% are original Recipes and information for more than 50 vegetables and herbs Dishes from growers, farm members, and home cooks who love vegetables Special sections on community supported agriculture, the benefits of eating locally, seasonal cooking, recipes for kids, and much, much more!

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*By Madison Area Community Supported Agriculture Coalition*

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### Editorial Review

#### Review

"If you've got a vegetable, this book probably has a recipe for it and a great one at that! And to think we used to compost our Jerusalem artichokes." —Kevin Henkes, author, *A Weekend with Wendell*

"Sparkles with a sense of community, that all-important 'extra' that comes along with beautiful food fresh from the farm." —Deborah Madison, author, *Vegetarian Suppers from Deborah Madison's Kitchen*

#### About the Author

The **Madison Area Community Supported Agriculture Coalition (MACSAC)**, located in Madison, Wisconsin, is a nonprofit organization promoting the production and consumption of fresh, locally produced foods. MACSAC is part of the national movement that is connecting eaters to the food they eat and the farms that produce it.

### Users Review

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Why don't make it to be your habit? Right now, try to prepare your time to do the important action, like looking for your favorite e-book and reading a reserve. Beside you can solve your trouble; you can add your knowledge by the e-book entitled *From Asparagus to Zucchini: A Guide to Cooking Farm-Fresh Seasonal Produce*. Try to stumble through book *From Asparagus to Zucchini: A Guide to Cooking Farm-Fresh Seasonal Produce* as your pal. It means that it can to become your friend when you experience alone and beside regarding course make you smarter than before. Yeah, it is very fortunated in your case. The book makes you considerably more confidence because you can know every little thing by the book. So , let's make new experience in addition to knowledge with this book.

##### Jessica Hurst:

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**Della Francis:**

In this age globalization it is important to someone to find information. The information will make someone to understand the condition of the world. The health of the world makes the information quicker to share. You can find a lot of referrals to get information example: internet, newspaper, book, and soon. You can observe that now, a lot of publisher that print many kinds of book. The particular book that recommended for you is From Asparagus to Zucchini: A Guide to Cooking Farm-Fresh Seasonal Produce this guide consist a lot of the information of the condition of this world now. That book was represented how can the world has grown up. The dialect styles that writer use for explain it is easy to understand. Typically the writer made some study when he makes this book. Here is why this book suitable all of you.

**Ronny Baird:**

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