



100 Ways to Motivate Yourself: Change Your Life Forever

By Steve Chandler

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In this first-ever paperback edition of his long-time best-seller, motivational speaker Steve Chandler helps you create an action plan for living your vision in business and in life. It features 100 proven methods to positively change the way you think and act—methods based on feedback from the hundreds of thousands of corporate and public seminar attendees Chandler speaks to each year. 100 Ways to Motivate Yourself will help you break through the negative barriers and banish the pessimistic thoughts that are preventing you from fulfilling your lifelong goals and dreams. Whether you're self-employed, a manager, or a high-level executive, it's still easy to get stuck in the daily routines of life, fantasizing about what could have been. Steve Chandler helps you turn that way of thinking around and make what could have been into what can and will be.

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Editorial Review

About the Author

STEVE CHANDLER is a keynote speaker and corporate leadership coach with a large number of Fortune 500 clients. He is also a popular convention speaker, (Arthur Morey of Renaissance Media said, "Steve Chandler is the most original and inspiring figure in the highly competitive field of motivational speaking.") Chandler's first book, 100 Ways to Motivate Yourself, was named Chicago Tribune's Audiobook of the Year in 1997. Chandler's books, now in seven languages, have also become best-sellers around the world.

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