



## Hiking the North Cascades: A Guide To More Than 100 Great Hiking Adventures (Regional Hiking Series)

By Erik Molvar

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Mile-by-mile descriptions and maps for more than 100 hikes eliminate the guesswork of hiking in this mountain paradise east of Puget Sound. From short day hikes to long backpack expeditions, *Hiking the North Cascades* is a passport to one of the most beautiful mountain areas in North America.

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**Hiking the North Cascades: A Guide To More Than 100 Great Hiking Adventures (Regional Hiking Series) By Erik Molvar Bibliography**

- Sales Rank: #193128 in Books
- Published on: 2009-04-14
- Original language: English
- Number of items: 1
- Dimensions: 8.90" h x 1.00" w x 6.00" l, 1.20 pounds
- Binding: Paperback
- 424 pages

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### Editorial Review

From the Back Cover

While few of the jagged, glacier-clad peaks east of Puget Sound exceed 9,000 feet, their vertical rise is on par with that of the Rockies. These are the Northern Cascades—a vast wilderness that is home to mountain lions, elk, mountain goats, and even a few grizzly bears. With hundreds of miles of pathways that penetrate deep into the forests and climb to the tundra of mountaintops, it is just waiting to be savored by hikers and backpackers. *Hiking the North Cascades* describes 105 of the region's best and most varied hikes, from a few choice short excursions to a whole host of day trips and overnight treks.

Whether you want to explore the region's gateway—the broad, green Skagit River—or enjoy panoramic vistas such as those atop McGregor Mountain, this comprehensive guide is your passport to one of the most beautiful and truly wild reaches of North America.

Look inside to find:

- Hikes suited to every ability
- Directions to the trailheads
- Comprehensive trail descriptions with mile-by-mile directional cues
- Trail locator maps
- Difficulty ratings
- Key regulations and tips on zero-impact hiking
- List of backcountry camps with comparative ratings

About the Author

Veteran author and backcountry explorer **Erik Molvar** discovered backpacking while working on a volunteer trails crew in the North Cascades of Washington. He is the author of more than a dozen FalconGuides for such places as Glacier National Park, the Bob Marshall Wilderness, Olympic National Park, Zion and Bryce Canyon National Park, as well as Colorado's Maroon Bells-Snowmass Wilderness.

### Users Review

**From reader reviews:**

**Gerald Warfield:**

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**Jerald Elliott:**

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**Tiffany Reyes:**

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