



## Sacred Sexuality: A Manual for Living Bliss

By Michael Mirdad

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### Sacred Sexuality: A Manual for Living Bliss By Michael Mirdad

Sacred Sexuality: A Manual for Living Bliss Imagine how it feels to have the love essence of every particle in the universe dancing with delight to re-join the love essences within your being. This is true desire, a vibration felt in and through all things and experienced as a unifying force. The practice of sacred sexuality is a celebration of true desire; it deepens your connection to the Spirit of love and awakens your body to become as passionate and alive as God originally intended. This book deals with everything imaginable about sex...expanding one's consciousness through sexuality...and combining the practical benefits of both Tantric and Taoist perspectives and practices. I recommend Sacred Sexuality to my own students and readers. -Master Mantak Chia, author Taoist Secrets of Love ...an excellent overview of the tantric sexual practices...the first book in 20 years that I could whole-heartedly recommend. It should be on every tantric bookshelf. -David A. Ramsdale, author Sexual Energy Ecstasy About Michael Mirdad Dr. Michael Mirdad, a Master Teacher/Author, has an extensive background in Psychology, Parapsychology & Metaphysics. He has worked as a Healer and Counselor to individuals & couples for over 20 years. Michael has also conducted thousands of classes, lectures & workshops throughout the world on Mastery, Spirituality, Relationships, and Healing. Dr. Mirdad is respected as one of the finest and most diverse spiritual teachers and healers of our time.

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## **Sacred Sexuality: A Manual for Living Bliss** By Michael Mirdad Bibliography

- Sales Rank: #757052 in Books
- Brand: Brand: Grail Press
- Published on: 2004-08-21
- Original language: English
- Number of items: 1
- Dimensions: 7.01" h x .69" w x 10.00" l, 1.26 pounds
- Binding: Paperback
- 328 pages

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## **Editorial Review**

### **About the Author**

Michael Mirdad is a world-renowned spiritual teacher, healer, and author. He has worked as a healer and counselor for over 30 years and is the author of seven best-selling books. Michael has facilitated thousands of classes, lectures, and workshops throughout the world on Mastery, Spirituality, Relationships, and Healing and is commonly referred to as a teacher's teacher and a healer's healer. He has been featured as a keynote speaker in the world's largest expos and conferences, and has been on radio, television, and various internet programs. His work has been published in several leading magazines, including Whole Self Times, Sedona Journal, and Yoga Journal, as well as the cover feature in Evolve magazine. He is respected as one of the finest and most diverse healers of our time and well-known for his ability to share the deepest teachings in a clear, applicable manner.

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