

## **Quantum Love: Use Your Body's Atomic Energy to Create the Relationship You Desire**

By Laura Berman



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Falling in love is a thrilling, transcendent experience . . . but what about staying in love? Once the intense excitement of a new relationship starts to fade, you may think your only options are to somehow recapture that early magic or settle for a less than fulfilling love life. Now love, sex, and relationship expert Laura Berman, Ph.D., taps the latest scientific and metaphysical research to offer an inspiring alternative: a higher level of love beckoning you to move forward, not backward.

Using the essential truth we've learned from the study of quantum physics—the fact that at our molecular core, each of us is simply a vessel of energy—Dr. Berman explains how you can use what's happening in your inner world to create a level of passion, connection, and bliss in your relationship that you've never imagined possible. Drawing on her clinical practice and case studies as well as her personal journey, she guides you to:

- Plot your unique energetic frequency of love with her Quantum Lovemap
- Work consciously with the energy of your body, heart, and mind
- Make four key commitments designed to raise your energetic profile
- Bring your frequency into harmony with your partner's so that you can
- Learn how to have Quantum Sex (which is every bit as good as it sounds)

Quantum Love is the best possible experience of love, and it's available to absolutely everyone, whether you're seeking a mate, in a relationship that's struggling, or just finding that love has turned lackluster through the stresses of life. You can't go back to the honeymoon phase, but there is something so much better within your reach. Quantum Love lets you reach new heights of intimacy as you gain a fuller sense of purpose in life and love.

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#### **Editorial Review**

About the Author

Laura Berman, Ph.D., is a world-renowned educator and therapist in the area of love, sex, and relationships. She is the founder and director of the Berman Institute in Chicago, which specializes in helping couples learn to resolve conflict, come together in crises, and grow their emotional and physical intimacy to new heights. She is assistant clinical professor of psychiatry and obstetrics/gynecology at the Feinberg School of Medicine at Northwestern University. Considered a thought leader in her field, Dr. Berman is a New York Times best-selling author of many books on love, sex, and relationships and host of the nationally syndicated radio show Uncovered Radio with Dr. Laura Berman. She has appeared in the pages of nearly every major U.S. magazine and newspaper, as well as on most television talk and news shows. Dr. Berman serves on the advisory board for The Dr. Oz Show and is the most frequent guest on Steve Harvey. She lives in Chicago with her husband, three sons, and dog. Website: www.drlauraberman.com

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