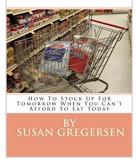
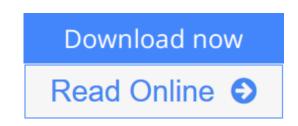
#### POVERTY PREPPING



### Poverty Prepping: How to Stock Up for Tomorrow When You Can't Afford to Eat Today

By Susan Gregersen



## **Poverty Prepping: How to Stock Up for Tomorrow When You Can't Afford to Eat Today** By Susan Gregersen

A lot of people think they don't have enough money to store extra food for emergencies. It's a struggle just to make ends meet and afford what they need right now. I think anyone can start to prepare for the future. My husband and I have a 4-figure annual income that isn't even close to hitting five figures. If we can do it, you can too. We're not just telling you how to do it, we're living it! Don't be put off by books, websites, and forums that lead you to think you have to buy expensive pre-packaged food storage, or foods that you're not familiar with. Stocking up doesn't have to be expensive or complicated. You can get started with just a few dollars a month. If, at the end of the book,you still don't think you can do it, send me an email and we'll talk. I've included my email address, my blog link, and we're working on a website.

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#### **Editorial Review**

#### About the Author

Susan Gregersen lives with her husband in an off-grid, solar-powered log cabin in Montana. When she's not working in the garden or canning and dehydrating the harvest, she likes to go bicycling, kayaking, and hiking. With her children grown and on their own she began to write survival and disaster fiction books. Friends and neighbors asked questions about food storage and preparedness, but often followed that with "But I don't have the money to get started". Undaunted, she outlined a plan that almost anyone could afford to follow, and expanded it into this book. She maintains a blog for the book to answer further questions from readers at: http://www.povertyprepping.blogspot.com

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