

The Leadership Training Activity Book: 50 Exercises for Building Effective Leaders

By Lois B. Hart, Charlotte S. Waisman

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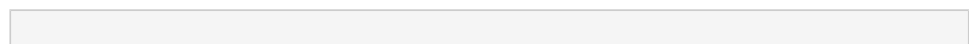
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"Leadership development is self-development. The quest for leadership is first an inner quest to discover who you are. That is clearly the premise of this wonderful collection of developmental activities. They guide learners on that fascinating journey of self-awareness and self-confidence that can only come from experiencing something in themselves for themselves."-- **from the foreword by James M. Kouzes, co-author, *The Leadership Challenge***

When it comes to preparing a new generation of leaders, trainers have their work cut out for them. In addition to being a critical competency in itself, the task of leadership necessarily involves mastering a whole host of other skills . . . and it's up to you as a trainer to keep participants engaged and active throughout the learning process.

The Leadership Training Activity Book is a collection of engaging, sure-fire exercises based on the best, most up-to-date learning theory for preparing the leaders of tomorrow. The book features easily adaptable modules designed for beginning to advanced skill levels, short or long sessions, and large or small groups. You'll find the perfect training exercises to help new and experienced leaders improve their understanding of crucial topics such as: trust * values * networking * conflict resolution * diversity * negotiation * listening skills * mentoring * vision * communication * and more.

The Leadership Training Activity Book provides trainers with a wide range of activities to help teach and apply the most critical leadership competencies participants need, enabling you to develop and liberate the leadership qualities learners already have within themselves. It is a unique collection of proven exercises that will elicit the best from those who wish to lead.



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