



The Gerson Therapy -- Revised And Updated

By Charlotte Gerson, Morton Walker

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Fed Up With Illness? Now You Can Overcome It With This Lifesaving Nutritional Program!

Cancer. Hepatitis. Migraines. Arthritis. Heart Disease. Emphysema. For years, the medical establishment has called these chronic or life-threatening diseases "incurable." But now, The Gerson Therapy® offers hope for those seeking relief from hundreds of different diseases.

Juice Your Way To Wellness

One of the first alternative cancer therapies, The Gerson Therapy® has successfully treated thousands of patients for over 60 years. Now, in this authoritative new book, alternative medicine therapist Charlotte Gerson and medical journalist Morton Walker reveal the powerful healing effects of organic fruits and vegetables. Not only can juicing reverse the effects of many degenerative illnesses--it can save lives. The Gerson Therapy® shows you:

- How to beat cancer by changing your body chemistry
- Special juicing techniques for maximum healing power
- How to conquer allergies, obesity, high blood pressure, AIDS, lupus, and other diseases
- Which supplements will strengthen your immune system
- How to prepare delicious, super-healthy foods using Gerson-approved recipes
- And much more!

This unique resource will help and inspire everyone who has ever said, "I want to get well. Just show me how." The Gerson Therapy® offers a powerful, time-tested healing option that has worked for others--and can work for you.

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Editorial Review

About the Author

Charlotte Gerson, the daughter of Max Gerson, founded the Gerson Institute in 1977. Under her father's tutelage, Charlotte learned about the remarkable nutritional therapy that has saved the health of thousands, including Nobel Peace Prize winner Dr. Albert Schweitzer, a lifelong advocate of the Gerson Therapy®. Charlotte has supervised the training of medical staff at the Gerson Institute and at hospitals licensed to teach the Gerson Institute method. She has lectured on the benefits of nutritional therapy at several hundred health organizations worldwide, including the Cancer Control Society, the National Health Federation, and the International Association of Cancer Victors and Friends. A staunch practitioner of holistic medicine, Charlotte Gerson has devoted her life to the Gerson Therapy's message of health and healing.

Morton Walker, D.P.M., achieved widespread respect as a medical journalist with 74 bestselling health books to his credit and 23 journalism awards for his work. In 1992, he received the Humanitarian Award from the American Cancer Control Society, which named him "the world's leading medical journalist specializing in holistic medicine."

Users Review

From reader reviews:

Joseph Lunsford:

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Stanley Hanson:

A lot of people always spent their free time to vacation or go to the outside with them household or their friend. Do you realize? Many a lot of people spent that they free time just watching TV, or perhaps playing video games all day long. If you wish to try to find a new activity that's look different you can read a book. It is really fun in your case. If you enjoy the book that you read you can spent the entire day to reading a guide. The book The Gerson Therapy -- Revised And Updated it doesn't matter what good to read. There are a lot of folks that recommended this book. These were enjoying reading this book. When you did not have enough space to bring this book you can buy the particular e-book. You can m0ore simply to read this book from the smart phone. The price is not very costly but this book possesses high quality.

Lou Marshall:

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