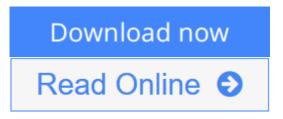


## **SPA: A Comprehensive Introduction**

By Elizabeth M. Johnson, Bridgette M. Redman



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This introductory textbook, developed by the International SPA Association Foundation, explores the history and philosophy of spas, examines today s spa industry, and introduces readers to spa careers. The text also takes readers through a typical day from a spa director s perspective, examines the qualities of an outstanding spa experience, and discusses industry trends and future directions.

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