



Home Remedies from a Country Doctor

By Jay Heinrichs, Dorothy Behlen Heinrichs

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This information-packed book contains over 1,400 drug-free, country-tested remedies along with plenty of country wit and wisdom.

More than 250 doctors, nurses, dentists, and other medical professionals contributed their knowledge and experience in this useful manual. Delightful folksy anecdotes from country doctors are sure to make you smile as you follow the practical, sound medical advice of some of the best and brightest physicians practicing in rural America.

From Anemia to Black Eyes to Bursitis to Swollen Glands to Ticks and Poison Ivy, and much more, this book contains hundreds of "house-call cures" to help people of all ages with their ailments - from bee stings, croup, and diaper rash to nightmares, nosebleed, and pinkeye.

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Editorial Review

About the Author

Jay Heinrichs, former editor of *National Wildlife* magazine and *Dartmouth Alumni Magazine* and group publisher of the Ivy League Magazine Network, is the author of *The Yankee Way to Simplify Your Life*. He lives near Middlebury, Vermont.

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