



Encyclopedia of School Health

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Children spend more time at school than anywhere else except home; thus, schools can have a major effect on children's health by providing a healthy physical environment, serving meals and snacks built around sound nutritional guidelines, and teaching about health, as well as modeling and promoting healthy behaviors. School health services programs involve not only school nurses and focus not only on nursing practice, standards, and performance issues; they also include services and classes to teach students the information and skills they need to become health-literate, to maintain and improve their health, to prevent disease, and to reduce risky behaviors impacting health. School nurses, teachers, administrators, health coordinators, guidance counselors and social workers all join with parents in safeguarding and promoting the health and well-being of school-aged children as a basic foundation for academic success. The *Encyclopedia of School Health* offers quick access to health and wellness information most relevant to children in America's K-12 school setting. You'll find valuable guidance on developmental stages, acute and chronic illnesses, special education, nutrition, crisis response, prevention, and more.

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Editorial Review

About the Author

David C. Wiley, PhD, MCHES, is a professor of health education and health education graduate coordinator at Texas State University in San Marcos, Texas. He is a lifelong health educator who has focused his professional career on addressing health issues of adolescents. He was the lead author on comprehensive studies on the status of sex education in Texas (*Just Say Don't kNOW: The Status of Sex Education in Texas Public Schools*) and South Carolina public schools (*A Sterling Opportunity: 25 Years After the Comprehensive Health Education Act*), respectively.

Dr. Wiley is the past-president of ASHA and TSHA. He currently serves on the board of directors for CommuniCare, Inc. of San Antonio, Texas, a Federally Qualified Health Center, and in 2008 founded the Texas Campaign to Prevent Teen Pregnancy. The Texas Campaign is the only organization in Texas that addresses teen pregnancy prevention at a statewide level. He is also a former school board member for the Hays Consolidated Independent School District in Kyle, Texas.

Amy C. Cory, PhD, RN, is an assistant professor of nursing at Valparaiso University. Her area of expertise is in maternal child health with specialization in school health. Currently she serves as a child care health consultant in early care and education settings and as a school health consultant on several coordinated school health advisory councils. Dr. Cory has experience as a school nurse and as a pediatric nurse practitioner in school-based health centers.

Dr. Cory is editor of *Staff Health in Caring for Our Children: National Health and Safety Performance Standards: Guidelines for Out-of-Home Child Care* (3rd ed.). She has several published chapters and encyclopedic entries, most recently *The Student's Family in School Nursing: A Comprehensive Textbook* as well as "Exercise Promotion and Fitness" and "Sexually Transmitted Diseases and the Family" in the *Encyclopedia of Family Health*.

Dr. Cory is an active member of Sigma Theta Tau, National Association of Pediatric Nurse Practitioners, American School Health Association, and American Public Health Association. For the American School Health Association, Dr. Cory serves on the board of directors as well as the advocacy and finance committees. For the American Public Health Association, she serves as the secretary for the School Health Education and Services section and represents the section on the Action Board. Dr. Cory has also served as a member of the board of directors at the Valparaiso Family YMCA where she chaired the Child Care Task Force. Her research interests are in community-based participatory action research in health in underdeveloped, developing, and developed countries.

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