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Wheelchair Sport helps coaches, teachers, and athletes at all levels maximize training and performance. It covers training principles as they apply to wheelchair athletes and sport-specific drills and tactics for basketball, rugby, tennis, racing, and hand cycling. It also provides insight into the psychology of working with wheelchair athletes.

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Dr. Goosey-Tolfrey attended the Atlanta 1996 and Sydney 2000 Paralympic Games with the Great Britain wheelchair racing and wheelchair basketball teams, respectively, and was the lead physiology consultant for the British Paralympic Association for the Athens 2004 and Beijing 2008 Games. In her leisure time, she enjoys being with her family, golfing, and watching films.

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