



# Substance Use Disorders (Practical Guides in Psychiatry)

*By Stuart Gitlow MD MPH*

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Revised, updated, and expanded, this handbook is a quick, concise, practical guide for clinicians treating patients with addictive disease. Using the conversational style and clinical vignettes found in all **Practical Guides in Psychiatry** titles, Dr. Gitlow describes effective strategies for the step-by-step process of intervening in a lifelong illness pattern. This edition includes new material on buprenorphine, naltrexone, and other pharmacologic treatments, nicotine cessation therapies, and pharmacologic interventions for sedative dependence, plus a new chapter on substance-induced disorders, a thoroughly rewritten prevention chapter, and expanded coverage of treatment dilemmas and legal issues. Easy-to-use appendices provide quick access to numerous new screening tools and other frequently referenced information.

The **Practical Guides in Psychiatry** series provides quick, concise information for professionals on the front lines of mental health care. Written in an easy-to-read, conversational style, these invaluable resources take you through each step of the psychiatric care process, delivering fast facts and helpful strategies that help you provide effective and compassionate care to your patients.

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### **Editorial Review**

Review

Psychiatric Times, 28-MAY-07 --

"The highly readable and informative second edition is a valuable handbook for treatment providers of all specialties. The book's tone reflects Dr Gitlow's extensive experience as a physician treating addictions and shows a clear understanding of the challenges of treating persons with substance use disorders. Perhaps the book's greatest strength is the undeniable care and compassion with which Dr. Gitlow approaches the treatment of patients with substance related problems. The author begins with a series of exercises that help the reader empathize with persons who have substance use disorders. Although the harm created by substance abuse is never de-emphasized, the book effectively aids readers in understanding the motivations and challenges faced by patients with problematic substance use disorders. Dr Gitlow's guide is useful in its breadth and it presents many details providers need to treat a patient with a substance use disorder. Substance Use Disorders is an enjoyable and informative resource for all types of treatment providers. Within this guidebook, clinicians will find a great deal of information on how to identify and treat persons who have substance use disorders."

Journal of Human Psychopharmacology Clinical and Experimental -- "Dr. Stewart Gitlow has written an invaluable guidebook on substance use disorders which will be of great interest to both skilled and inexperienced practitioners. The book is a compelling read and can also be used as a reference handbook within a clinical setting. Within each chapter Dr. Gitlow provides a comprehensive review on the topic, shares his clinical vignettes and his own clinical experiences. He brings together the theoretical background of substance use disorders and his application of them within his clinical setting. He has written the book in the language that can be understood by both medical practitioners and substance use disorders therapists. In the section headed research vignette, Dr. Gitlow provides the readers with most up-to-date research evidence for each of the topic areas discussed. Dr. Gitlow dedicates a chapter on spirituality within substance used disorder treatment which is a brave attempt to help practitioners to deal with this important concept. The treatment dilemmas are yet another important chapter to practitioners to consider ethical issues in treating their patients. Furthermore, the appendices provide several useful standardized examination tools, resources and an up-to-date reference list. In conclusion, I found this guidebook to be a valuable guidebook which I will refer to on a regular basis."

### **Users Review**

**From reader reviews:**

**Richard Valadez:**

Book is usually written, printed, or descriptive for everything. You can know everything you want by a book. Book has a different type. As it is known to us that book is important factor to bring us around the world. Next to that you can your reading skill was fluently. A book Substance Use Disorders (Practical Guides in Psychiatry) will make you to possibly be smarter. You can feel much more confidence if you can know about every little thing. But some of you think that open or reading some sort of book make you bored. It is far from make you fun. Why they are often thought like that? Have you searching for best book or ideal book with you?

**Michael Crew:**

Playing with family within a park, coming to see the ocean world or hanging out with friends is thing that usually you could have done when you have spare time, after that why you don't try thing that really opposite from that. 1 activity that make you not sensation tired but still relaxing, trilling like on roller coaster you have been ride on and with addition info. Even you love Substance Use Disorders (Practical Guides in Psychiatry), you are able to enjoy both. It is excellent combination right, you still need to miss it? What kind of hang type is it? Oh come on its mind hangout men. What? Still don't have it, oh come on its called reading friends.

**James Jernigan:**

This Substance Use Disorders (Practical Guides in Psychiatry) is great reserve for you because the content that is full of information for you who all always deal with world and have to make decision every minute. This book reveal it info accurately using great manage word or we can state no rambling sentences in it. So if you are read the idea hurriedly you can have whole info in it. Doesn't mean it only provides straight forward sentences but tricky core information with beautiful delivering sentences. Having Substance Use Disorders (Practical Guides in Psychiatry) in your hand like finding the world in your arm, facts in it is not ridiculous just one. We can say that no e-book that offer you world in ten or fifteen second right but this reserve already do that. So , this is certainly good reading book. Hello Mr. and Mrs. busy do you still doubt that?

**Margaret Watt:**

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