



Herbs That Heal: Prescription for Herbal Healing

By Michael A. Weiner, Janet Weiner

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From best-selling herbalists Michael and Janet Weiner this is a practical A to Z consumer guide to drug-free remedies. It contains the most up-to-date scientific studies painstakingly researched over a period of years which confirm the efficacy of herbs. Over 200 herbs are examined along with a master index: Just look up the ailment (e.g. Colds and Flu) and all the herbal remedies available are listed alphabetically. 140 botanical drawings.

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