



The Doomsday Book of Medicine

By Ralph La Guardia M.D.

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What are you and your family going to do after a collapse of society when there are no doctors and medications available, and the pharmacies and hospitals have been looted? You can prepare for every disaster scenario, but if you are not able to treat medical emergencies and injuries that arise, how long will you last? This book will teach you everything you need to know to keep you and your loved ones healthy. Dr. La Guardia has spent over thirty years researching ways to treat any and all medical conditions with non prescription, over the counter and everyday products, many of which will amaze you. This book is jam packed with useful information in an easy to read format, chock full of illustrations and overflowing with information that could very well save your life.

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