

The Creative Fire: 10 Weeks to Emotional and Creative Fitness

By MA, LPC, Bob Beare



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LIVING YOUR LIFE AS AN ART FORM ... FORMING YOUR LIFE THROUGH ART The Creative Fire is a step-by-step guide to enrich, deepen, and propel you into a more vivid experience of living. The readings and exercises are designed to support your unique creative gifts and to invigorate a more mindful appreciation of the art of being alive.



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About the Author

Bob Beare, MA, LPC is a psychotherapist and executive coach living in Austin, Texas. He is the Clinical Director at The Last Resort Recovery Center for men, and is a professional actor, director, singer, and composer.

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