



# Nocturia: Causes, Consequences and Clinical Approaches

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**Nocturia: Causes, Consequences and Clinical Approaches** From Springer

*Nocturia: Causes, Consequences and Clinical Approaches* is the first volume exclusively on the topic of nocturia and is designed to be a comprehensive treatise on the subject. The volume is organized into 11 chapters first introducing and defining nocturia and its impact to patients and society, followed by chapters dealing with predictors and risk factors; relationship to sleep disorders; overactive bladder; and water homeostasis. Therapeutic areas addressing nocturia are covered in specific chapters and include pharmacotherapy affecting the bladder, prostate and kidneys as well as behavioral therapy and surgical intervention. Separate chapters are devoted to alternative therapies as well as the impact of nocturia in the elderly. The volume closes with a chapter presenting avenues for future investigation into the etiology and management of nocturia. Clinical case scenarios inclusive of figures and tables illuminate the evaluation and management of patients with nocturia.

*Nocturia: Causes, Consequences and Clinical Approaches* will give physicians and related healthcare providers the background to understand the conditions causing nocturia, how nocturia affects society and the basis for its rational treatment. It will be used as a state of the art reference by urologists, urogynecologists, internists, nephrologists, pulmonologists, endocrinologists and sleep medicine specialists.

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## Nocturia: Causes, Consequences and Clinical Approaches From Springer Bibliography

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## **Editorial Review**

### Review

From the reviews:

“This is a comprehensive overview of nocturia, a diagnosis that often frustrates and intimidates urologists. ... The editors have compiled chapters that characterize nocturia, review its clinical workup, and outline its consequences. ... The book is most suitable for urologists who encounter a significant number of patients with nocturia in their daily practice. ... the index provides a quick reference to help answer targeted questions. ... Overall, this is a great resource for practitioners struggling with this challenging diagnosis on a regular basis.” (Alana M. Murphy, Doody’s Review Service, April, 2012)

“This is the first textbook dedicated to a ... significant subject frequently encountered in urological practise. ... Alternative therapies such as lifestyle changes and plant extracts were briefly described and the authors concluded the textbook with some proposals for potential future investigations in patients suffering from nocturia. This new and original textbook represents an excellent overview and can be very useful to urologists and geriatricians. Many tables and figures complement the comprehensive scope of the text.” (Paul Meria, European Urology Today, June/July, 2012)

“This is the first time that a book has been written exclusively on the topic of nocturia. ... all aspects have now been combined in one state-of-the-art volume, authored by top experts, providing a comprehensive overview and a fascinating and useful read. ... This will be a valuable (and very readable) reference work for urologists, urogynaecologists, internists, nephrologists, pulmonologists, endocrinologists and sleep medicine specialists, also for allied professions working with patients suffering from nocturia.” (Jane Meijlink, ICS News, Vol. 8 (2), July, 2012)

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## **Users Review**

### **From reader reviews:**

#### **Sandra Snyder:**

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#### **Chung England:**

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