

## Fast Facts for the Neonatal Nurse: A Nursing Orientation and Care Guide in a Nutshell

By Michele R. Davidson PhD CNM CFN RN

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### Fast Facts for the Neonatal Nurse: A Nursing Orientation and Care Guide in a Nutshell By Michele R. Davidson PhD CNM CFN RN

This convenient and easy-to-use orientation reference and care guide provides new neonatal nurses and their preceptors with the core information they need to provide all aspects of safe, effective, holistic care to newborn infants and their families. Addressing the needs of both low-risk and high-risk infants, the guide presents specific, evidence-based interventions in consistently formatted chapters. A special "orientation guide" is featured in each chapter to acquaint the new neonatal nurse with essential information on procedures, policies, equipment, medications, and evidence-based protocols.

Content is divided into key topic areas including physiological adaptations to birth, newborn assessment and basic newborn care, newborn nutrition, common and high-risk neonatal conditions, special topics, and information based on a family-centered care model that addresses parent assessments, needs, and discharge instructions. Features such as Fast Facts in a Nutshell and tables with easy-to-read lab values and data reinforce information. Chapter objectives highlight procedures and policies to know as well as needed equipment, supplies, medications, and evidence-based protocols. Appendices include skills checklist, commonly used medications, abbreviations, and lab values. Pocket-sized and providing essential information at a glance, *Fast Facts for the Neonatal Nurse* is a useful guide to ensuring the highest quality of care for newborn infants and their families.

#### Key Features:

- Provides essential information for new neonatal nurses and their preceptors in concise, consistent, easy-to-use format
- Encompasses all aspects of effective, evidence-based, holistic care in all practice settings
- Includes a special "orientation guide" and "Fast Facts in a Nutshell" in each chapter
- Offers practice-relevant information for quick retrieval
- Highlights Health Promotion and Discharge Teaching

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### **Editorial Review**

#### About the Author

Michele R. Davidson, PhD, CNM, CFN, RN, is Associate Professor of Nursing and affiliate faculty member, Women's Studies Program, George Mason University. Her 21 years of experience include labour and delivery, postpartum, NICU, reproductive endocrinology and inpatient gynecology at Columbia Hospital for Women. She has delivered over 1,000 babies during her career as a nurse midwife and formulated a postpartum depression support group, which provides ongoing treatment to indigent women. Her doctoral dissertation, Care of High-Risk Women Cared for by Certified Nurse Midwives, brought attention to the potential care that midwives could provide to a high-risk obstetrical population. Dr. Davidson has published over 50 papers, authored more than 17 textbook chapters and published an additional 15 textbooks that she has co-written, including the international bestseller Old's Maternal-Newborn Nursing and Women's Health Care Across the Lifespan (9th ed.), translated into nine languages. She was Past Vice President of the Washington, D.C. chapter of the American College of Nurse Midwives and was an item writer for the ACNM National Certification Examination. She received an honorary award from the March of Dimes for her ongoing care to pregnant women.

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